

HELLO EVERYONE,

I hope this Spring, as things grow and blossom, you can truly enjoy the vibrant colors and be immersed in its beauty.

NEWSLETTER PRAYER:

Dear Lord, Thank you for loving us. May every bloom be a sweet aroma of the beauty that surrounds us. Let each be a reminder to let Your Son shine in and through our lives. May this season bring warm thoughts and kind gestures. Guide, guard and direct our paths and forgive us when we fail you. In Jesus name we pray. Amen

\*\*\*\*\*

THOUGHT FOR THE DAY:

Before you talk, listen. Before you react, think. Before you criticize, wait. Before you pray, forgive. Before you quit, try.

\*\*\*\*\*

IMPORTANT: To enter the building, you must be 21 or older unless specified otherwise.

CLOSING DATES: ADULT ACTIVITY CENTER: MONDAY, MAY 27th FOR MEMORIAL DAY.

TRANSPORTATION - IF YOU LIVE INSIDE THE CITY LIMITS, AND ARE INTERESTED IN TRANSPORTATION, TO AND FROM THE CENTER, PLEASE CALL 222-6891 FOR ADDITIONAL INFORMATION.



\* TRAVEL \*



If you are taking a trip with us and would like to leave your vehicle (at your own risk), designated parking is in the grass area facing Walker Avenue. At the far end of the parking lot there is a break area in the concrete border, please park accordingly.

NOTICE - If you are interested in any of these trips, please call the office at 334-222-6891 and we will send you a brochure. Full refunds are available if you purchase (separate) trip insurance, or we cancel the trip.

BRANSON TRIP - May 30th - June 4th - We will be going to Eureka Springs, Arkansas to see the Passion Play and then on to Branson. We will go to the Titanic museum, see a Comedy show and the Presley's. We will shop at the Tanger outlets, see the Hits of the 60's and the #1 rated Reza Magic Show. On the way back, we will stay at the Hyatt Regency and shop at the Galleria. This trip will include 4 breakfasts, 1 lunch, 2 suppers. Gratuity for all provided meals, luggage (where available) and bus driver is included. Sign-up deadline extend April 28th.

MYRTLE BEACH TRIP - September 16th - 21st, We will be staying at the Hampton Inn Broadway at the Beach. This will be a great trip with lots of shows - Legends in Concert, Polynesian Luau, Iconic at the Alabama Theatre, Wheels of Yesteryear, and the Ripley's Museums. We will visit Barefoot Landing and Broadway at the Beach. 6 breakfasts & 2 suppers will be provided. Price of this trip is \$1,559.00 per person ( double) or \$2,131.00 (single). Final payment on this trip will be August 9th. Brochures are in the office or you can call 334-222-6891.

YOU CAN TRAVEL WITH US!

DISCOVER THE BEST OF EASTERN CANADA - OCTOBER 4th - 12th. This 9 day trip includes 12 meals (8 breakfasts and 4 dinners) Highlights - Toronto, Niagara Falls, Niagara-on-the-Lake, Thousand Islands National Park, Ottawa, Quebec City, Montmorency Falls, Maple Sugar Shack, & Montreal. Double is \$3,699, Single is \$4,699, Triple \$3,669. Insurance is \$379.00 if desired. Deposit is due on March 28, 2024 afterwards space will be based upon availability. Final payment will be due on August 5, 2024. Hurry and sign up for this wonderful trip, only three seats left.

ON GOING ACTIVITIES

MONDAY

- Toning Beds (Break Room) 8:00 - 9:00 a.m.
Rook (Multi-Purpose Room) 8:30 - 11:00 a.m.
Dominoes (Multi-Purpose Room) 9:00 - 11:00 a.m.
Bid Whist (Tops Room) 11:00 - 3:00 p.m.
Phase 10 (Multi-Purpose Room) 12:00 - 3:30 p.m.
Dominoes (Multi-Purpose Room) 12:30 - 3:30 p.m.
Yoshukai Karate (Multi-Purp. Rm) 6:30 - 8:30 p.m.

TUESDAY

- Any type of Cards (Tops Room) 8:00 - 11:00 a.m.
50+ Exercise (Multi - Purpose Room) 9:00 - 9:30 a.m.
Cricut (Every 1st & 3rd Thursday) 9:00 - 11:00 a.m.
Dominoes (Multi-Purpose Room) 9:00 - 11:00 a.m.
Canasta (Break Room) 10:00 - 3:30 p.m.
Canasta (TOPS Room) 11:30 - 3:30 p.m.
Crafts (Painting Room) 12:30 - 3:30 p.m.
Toning Beds (Break Room) 1:00 - 2:00 p.m.
Dominoes (Multi-Purpose) 1:00 - 3:30 p.m.
Line Dancing (Multi-Purpose Room) 5:00 - 7:00 p.m.

WEDNESDAY

- Toning Beds (Break Room) 8:00 - 9:00 a.m.
50+ Exercise (Multi-Purpose Room) 9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room) 9:00 - 11:00 a.m.
Rook (Break Room) 9:00 - 11:00 a.m.
Ceramics (Ceramics Room) 9:00 - 11:30 a.m.
Canasta (TOPS Room) 11:30 - 3:30 p.m.
Sew & So Circle (Sewing Room) 12:30 - 3:30 p.m.
Dominoes (Multi-Purpose Room) 12:30 - 3:30 p.m.
Yoshukai Karate (Multi-Purp. Rm) 6:30 - 8:30 p.m.

THURSDAY

- Painting 12:00 - 3:30 p.m.
Dominoes (Multi-Purpose Room) 9:00 - 11:00 a.m.
Rook (Break Room) 9:00 - 12:00 a.m.
Dinner Dance (Every 3rd Thursday) 10:30 a.m. - 2:30 p.m.
Toning Beds (Canceled on Dinner Dance) 1:00 - 2:00 p.m.
Dominoes Mexi. (Multi-Purpose Rm.) 1:00 - 3:30 p.m.
Line Dancing (Multi-Purpose Room) 5:00 - 7:00 p.m.

FRIDAY

- Rook (Multi-Purpose Room) 8:30 - 11:00 a.m.
50+ Exercise (Multi-Purpose Room) 9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room) 10:00 - 11:00 a.m.
Canasta (Tops Room) 12:00 - 3:30 p.m.
Dominoes (Multi-Purpose Room) 12:30 - 3:30 p.m.

**Andalusia Health Giving Back:** We would like to give a big shout out to Andalusia Health Staff, Dr. Price & Brandi Bennett for the wonderful presentation on Heart Health and the delicious lunch they provided. Andalusia Health is looking for volunteers. If you are interested, you can contact them at 334-428-7015.



**CRICUT MACHINE DESIGN CLASS: Tuesdays 9:00 - 11:00 a.m.** Come join us as we make a personalized Shirt. Cost of this class depends on vinyl used. You must supply your own shirt. Cost of a 10x12 sheet is \$2 and glitter sheet is \$3.50 each. If you use your own supplies the monthly class is \$5.00 instructor fee.

**CRAFT CLASS: Tuesdays from 12:30 - 3:30 p.m.** Want to spruce up your porch for spring? Come join Pam as you create a Welcome Spring flowers, balloon painted technique porch sign. Cost is \$10.00 per sign.

**CERAMICS CLASS:** Come join us on **Wednesdays from 9:30 a.m. - 11:30 a.m.** Pick and pay for your favorite ceramic piece and we will furnish paints and brushes. Prices are on the items or you may ask the instructor. If your item needs to be fired, there is an additional fee. Fee is based on size.

**SEW "N" SO CLASS: Wednesdays from 12:30 - 3:30 p.m.** Come hang out and crochet, cross stitch, knit, or sew. We will provide instructor to help you. If you use our donated products, we ask that you make one item and donate another like item to Center. Many items are donated, if you use any items purchased by the Center you will be charged a fee to reimburse the cost of that/those item/items. Please see your instructor for additional information.

**PAINTING CLASS: Thursdays from 8:30 - 11:30 a.m.** We will be painting a Turtle gourd birdhouse and all supplies will be provided. Price of class is \$8.00 per gourd.

**TRAVEL CLUB MEETING - Wednesday, April 10<sup>th</sup> from 1:30 - 2:30 p.m.** in the Library.

**BINGO - WEDNESDAY, APRIL 17<sup>th</sup> 12:30 UNTIL 2:00 P.M. - YOU DO NOT WANT TO MISS THIS SPECIAL DAY!** Lots of fun and some good gifts! Come on out & hopefully you will be one of the lucky winners!

**THURSDAY DINNER & DANCE: April 18<sup>th</sup> 10:30 a.m. - 2:30 p.m.** Bring your favorite dish and enjoy great food and fellowship. The Road Dusters will be playing some wonderful music.



**CRICUT MACHINE DESIGN CLASS: Tuesdays 9:00 - 11:00 a.m.** Have fun in the Cricut class as we do a project of your choice. In this class you can choose a design and create the project that you have been wanting to try. You supply your project and we will supply the vinyl. 10x12 sheets of vinyl \$2 and glitter sheets are \$3.50. If you use your own supplies the monthly class is \$5.00 instructor fee.

**CRAFT CLASS: Tuesdays from 12:30 - 3:30 p.m.** May flowers fill your heart and home with beauty. We will be painting a watering can. All supplies provided. Cost of class is \$12.00 per can.

**CERAMICS CLASS:** Come join us on **Wednesdays from 9:30 a.m. - 11:30 a.m.** to learn how to create beautiful artwork.

**SEW "N" SO CLASS: Wednesdays from 12:30 - 3:30 p.m.** In this class you can do whatever peaks your interest. Many items are donated and you can use free of charge, just ask the instructor. If you use any items purchased by the Center you will be charged a fee to reimburse the cost of those items. Please see your instructor for additional information.

**PAINTING CLASS: Thursdays from 8:30 - 11:30 a.m.** We will be painting a stained glass picture. Cost of this class is \$15.00.

**MOTHERS DAY - SUNDAY, MAY 12<sup>th</sup> - Don't forget to remember your Mother on this special day!**

**THURSDAY DINNER & DANCE - May 16<sup>th</sup> from 10:30 a.m. - 2:30 p.m.** Come listen to some great music. The only admission is a covered dish!



**CRICUT MACHINE DESIGN CLASS: Tuesdays 9:00 - 11:00 a.m.** Looking for a great way to make that certain someone in your life feel special? Come join us as we make personalized greeting cards. Each card cost \$3.

**CRAFT CLASS: Tuesdays from 12:30 - 3:30 p.m.** Come Join Pam as you create a "Honey Bee" themed Mason Jar for your home decor. It's perfect for storing your honey. Price of class is \$3.00 per jar.

**CERAMICS CLASS:** Come join us on **Wednesdays from 9:30 a.m. - 11:30 a.m.** to learn how to paint your own masterpiece.

**SEW "N" SO CLASS: Wednesdays from 12:30 - 3:30 p.m.** We have been blessed to have many wonderful items donated. I am sure you can find something you would love to do in this class like; macramé, cross stitch, sew, etc.... Many items are donated and you can use free of charge, just ask the instructor. If you use any items purchased by the Center you will be charged a fee to reimburse the cost of those items. Please see your instructor for additional information.

**PAINTING CLASS: Thursdays from 8:30 - 11:30 a.m.** Come join Pam and create a patriotic door hanger to spruce up your porch for the Fourth of July. Cost of class is \$20.00 and all supplies provided.

**THURSDAY DINNER & DANCE: June 20<sup>th</sup> 10:30 - 2:30 p.m.** Come listen to some great music. The only admission is a covered dish!

**FATHERS DAY - SUNDAY, JUNE 16<sup>th</sup> - Don't forget your Father on his special day!**



**CLOSING DATES NUTRITION: MONDAY, APRIL 22<sup>nd</sup>. MONDAY, MAY 27<sup>th</sup> FOR MEMORIAL DAY. TWO ADDITIONAL MONDAYS ARE JUNE 3<sup>rd</sup>, AND JUNE 19<sup>th</sup>, ALSO NUTRITION WILL BE CLOSED THE WHOLE WEEK OF JULY 1<sup>st</sup> - 5<sup>th</sup>.**

**JOY RIDDLE - Legal presentation/visit is on April 2<sup>nd</sup> from 10-11 a.m.**

**YOU CAN REACH THE NUTRITION CENTER STAFF AT (334) 222-4608.**